

LESLIE MCKENNA



Coastal Retreats

PARTICIPATION AGREEMENT

I want to do my best to ensure that you have the most transformative, positive experience possible when you attend my retreat. To facilitate this, I would love to clarify who this retreat is most suited for.

This retreat is appropriate for you if you are functioning relatively well in your day to day life and are able to successfully engage with family, friends, bosses and co workers. The purpose of this retreat is to enhance the positive coping skills that you already have so that you can live with more joy, playfulness, body acceptance and peace.

This retreat is not appropriate for you if you are suffering from:

- Self Harm
- Eating Disorder
- Suicidal Ideation
- Substance Abuse
- Major Depression
- Debilitating Anxiety
- Emotional Dysregulation that precipitates violence
- A Medical condition that could pose a health risk to other participants

This retreat will be located in a house on the ocean that will not be convenient to local inpatient, mental health facilities, so it is crucial that you do not put yourself in danger by placing yourself in a setting that may not have the proper support in place for you. Also, it will be a non smoking / no pets retreat.

Please abide by the guidelines outlined in this participation agreement. In the event that a participant neglects full disclosure of mental health or medical conditions, I reserve the right to terminate services.

I have read and agree to the conditions outlined in this agreement.

Signed: _____

Date: _____